



**Executive Members for Health & Wellbeing  
30 January 2017**

**Decision to be taken  
on or after 7 February 2017**

**Key Decision: No**

## **Funding for the Wellbeing Programmes Older People's Services Contract**

### **Report by the Director for Communities**

#### **1.0 Summary**

- 1.1 Adur District Council and Worthing Borough Council have each contributed funding in previous years, alongside that of Public Health West Sussex County Council, towards the Adur & Worthing Wellbeing Older People's contract.
- 1.2 Both Executive Members for Health & Wellbeing are asked to consider the good progress made by the current provider, Guild Care, and approve the annual contribution from the Councils for the financial year 2017/18.
- 1.3 The current contract with Guild Care runs to March 2017 and allows for a one year plus one year extension, i.e. to March 2019, dependent on the continued need for the service/s and satisfactory monitoring reviews.
- 1.4 The intention, subject to funding approvals by both Councils and formal approval of the funding allocation by West Sussex County Council, is to extend the contract for one year to March 2018.

#### **2.0 Background**

- 2.1 Adur & Worthing Wellbeing is comprised of two elements: the 'core service' and the 'wrap around' programme. Both of these elements are funded by Public Health West Sussex County Council.
- 2.2 The core service provides information, advice and signposting to people who have identified they would like to make a healthy lifestyle change.
- 2.3 The wrap around programme provides funding for the Councils to commission services to meet locally identified need. The Business Plan for this element is agreed annually with Public Health and is reported to the Adur and Worthing Health and Wellbeing Partnership All Ages..

- 2.4 The contract for older people's services sits within the wrap around programme and has been developed specifically to provide health and wellbeing activities for people aged 65+. These activities include group exercise sessions for strength and balance to prevent falls; health and wellbeing activities and an outreach service which identifies older people at risk of social isolation and links them into networks and activities.
- 2.5 Funding from Adur District Council and Worthing Borough Council has been provided on an annual basis as part of this contract.
- 2.6 The activities delivered by Guild Care for this contract have been closely monitored by the Wellbeing Monitoring Officer and Families and Wellbeing Lead, to ensure that good outcomes are achieved, any adaptations to delivery are made where needed and that the service links to the other services within the Adur & Worthing Wellbeing programme.

2.7 **Key highlights for Adur 2015-16**

Guild Care is a well established organisation in the community. Referrals into the services are made by a range of organisations including: Prevention Assessment Team; local voluntary organisations and by people's relatives.

Last year the service supported just under 100 older people within Adur of whom 72 reported themselves as being socially isolated. Almost a half of these socially isolated people came from our key LNIAs (Local Neighbourhood Improvement Areas). The service has been promoted through taxi drivers, milkmen and hairdressers which has helped to reach isolated people that otherwise would not have been identified.

160 older people from Adur registered with the Health and Wellbeing Centre at Methold House where they could access activities such as: 'Knit & Natter', Keep Fit; Tai Chi; Quiz and Games groups; Book Clubs and see films.

**Key highlights for Adur Q1, Q2 and Q3 2016-17**

This year to date, the service has supported 64 older people, of whom 47 say they are socially isolated. More than 100 people from Adur have attended a falls prevention exercise class each quarter; these classes aim to build strength, stamina and balance through: Tai Chi, Zumba Gold and seated exercise.

2.8 **Key Highlights for Worthing 2015-16**

The service in Worthing reached 237 older people during the previous year, of whom 73% who self reported as socially isolated. 43% of these socially isolated people came from our key LNIAs (Local Neighbourhood Improvement Areas).

More than 900 older people were registered with the Health and Wellbeing Centre at Methold House during the year where they could access the activities listed in the paragraph above.

The entertainment programme at the Healthy Living Centre for 2015-16 proved very popular and included themed events including: Silver Songs sessions, Seaside Day (fish and chips bought in from a local shop), Saturday outings, the Christmas panto which the staff of Guild Care put on and many more.

### **Key Highlights in Worthing Q1, Q2 and Q3 2016-17**

This year so far the service has reached around 250 older people in Worthing, of whom 201 say they are socially isolated. More than 900 people from Worthing have attended a falls prevention exercise class each quarter; these classes aim to build strength, stamina and balance through: Tai Chi, Zumba Gold and seated exercise.

Special flu immunisation clinics have been established in Methold House where 110 people from Adur and Worthing have received the flu immunisation to date this year.

As with all Wellbeing contracts, the Provider reports to the Council's each quarter and attends review meetings. We ask for case studies as part of the quarterly monitoring and have included an example below:

#### **Case Study**

An older woman who was finding being at home on her own increasingly difficult, saw the service advertised in a leaflet and got in touch to find out about activities she could join. At the first session she reported not having spoken to anyone for a few days and was just happy to have company. She was worried about falling and did not know how she would get up if she did.

The woman was shy and uncomfortable to attend new places on her own. The Link Worker accompanied her to Chesham House and to a local church group to help with introductions and settling and signposted her to Care Line for an alarm.

Chesham House, which has a cafe and offers activities, had been previously unknown to the client. After a couple of visits with the Link Worker to Chesham House and the Church Group, she was happy to go to both by herself. The woman now has opportunities and confidence to be more sociable and is less isolated as a result.

The client said she was impressed by the Link Worker's support; she was not expecting that someone would visit her at home and spend so much time supporting her.

## **2.9 Delivery 2017 -18**

The intention for this contract is to continue to reach out to older people 65+ in Adur and Worthing who may be at risk of social isolation and link them into appropriate services and activities within neighbourhoods and across communities of interest.

- 2.10 The service will also support older people on the causes of their social isolation, which can be issues such as debt and money management, physical disability and transport, signposting them to services where appropriate.
- 2.11 Provision of health and wellbeing activities will be delivered, according to the identified needs and wants of the people using the services such as: Zumba Gold, Bingo, Games, film and book groups.
- 2.12 The service will provide 'Extend Exercise' sessions. These sessions focus on developing strength and balance to reduce the risk of falls.
- 2.13 The Provider will continue to take a coordinating role around reducing loneliness in Adur and Worthing.

## **3.0 Proposals**

- 3.1 Both Executive Members are asked to consider the provision of activities and to approve the funding outlined in 3.2 as a one year contribution for 2017-18 as part of the Wellbeing contract for older people's services.
- 3.2 The funding levels proposed, which are in line with previous years are:  
Adur £10,000  
Worthing £22,800
- 3.3 The funding from Public Health West Sussex County Council, which will enable the continued delivery of this contract for 2017-18 has been proposed and is subject to formal approval by committee in February 2017.

## **4.0 Legal**

- 4.1 There is no legal obligation on the Council to provide financial or other assistance to the Voluntary and Community Sector (VCS). However, the Councils' recognise the vital part played by voluntary groups in the life of the Borough and District.
- 4.2 The Councils' do have the power to provide financial assistance to the Voluntary and Community Sector as under s1 Localism Act 2011 which provides a Local Authority with the power to do anything that individual's generally may do, providing no other legislation exists to prevent it.

- 4.3 Officers have complied with both Councils' Standing Orders. In accordance with paragraph 21:
- ❖ These services are substantially the same at those included in the original contract issued in 2012/13,
  - ❖ the tender variance does not exceed the value or amount of the original successful tenders by more than £2,500 or 10% of the total value,
  - ❖ the original contract was performed within the 12 months prior to the submission of the further tender, and
  - ❖ at least more than three other tenders were invited for the performance of the original contract through an open tender process.

## 5.0 Financial implications

5.1 The budget requirements for this contract are broken down in the table below:

<b>Funding Source</b>	<b>2017-18</b>
Adur & Worthing Wellbeing	£74,200
Adur District Council	£10,000
Worthing Borough Council	£22,800
Total	£107,000

## 6.0 Recommendation

- 6.1 The Executive Member for Worthing is recommended to approve the £22,800 from the grants budget as a contribution to the Older People's Services contract in 2017-18.
- 6.2 The Executive Member for Adur is recommended to approve the £10,000 from the grants budget as a contribution to the Older People's Services contract in 2017-18.

## Local Government Act 1972

### Background Papers:

#### Contact Officer:

Janice Hoiles  
 Families & Wellbeing Lead  
 Portland House  
 01273 263402  
[janice.hoiles@adur-worthing.gov.uk](mailto:janice.hoiles@adur-worthing.gov.uk)

## **Schedule of Other Matters**

### **1.0 Council Priority**

1.1 This report relates to the Corporate Vision of More Enterprising Communities

### **2.0 Specific Action Plans**

2.1 Wellbeing Programme and the Adur and Worthing Public Health Plan

### **3.0 Sustainability Issues**

3.1 Support for voluntary and community organisations in Worthing

### **4.0 Equality Issues**

4.1 These services will promote the equality of older and mobility restricted residents.

### **5.0 Community Safety Issues (Section 17)**

5.1 This service promotes safety and contributes towards the reduction of the fear of crime

### **6.0 Human Rights Issues**

6.1 Matters considered and no issues identified

### **7.0 Reputation**

7.1 The Councils' opportunity to promote services for older people in the community and funding for the Voluntary Sector.

### **8.0 Consultations**

8.1 Report has been prepared in conjunction with partner agencies

### **9.0 Risk Assessment**

9.1 Support for Voluntary and Community organisations in Adur & Worthing is particularly important in recessionary times

### **10.0 Health & Safety Issues**

10.1 Matters considered and no issues identified

## **11.0 Procurement Strategy**

11.1 Standing Orders have been complied with.

## **12.0 Partnership Working**

12.1 Working with the voluntary and community sector to meet community needs